

LOMPOC VALLEY COMMUNITY HEALTH IMPROVEMENT COALITION

Minutes for July 30, 2009



Present: **Kathy Bertelsen**, LUSD Food Service; **Don Deming**, Lompoc Police Department; **Jacklyn Kelly**, SBCPHD – Lompoc; **Bob Lingl**, Lompoc Valley Medical Center; **Michelle MacKinnon**, LUSD Food Service; **Teresa McIntyre**, Lompoc YMCA; **JoAnne Plummer**, Parks & Recreation; **Jason Reynolds**, State Farm Insurance; **Jody Taylor**, Lompoc YMCA; **Margaret Weiss**, Sansum Clinic

Staff: **Steve McDowell**, LVCHO; **Judy Taggart**, LVCHO

1. The meeting was called to order and introductions were made.
2. Judy Taggart reported on project updates:
 - a. The Coalition's application to the California Endowment for a one year tie off grant was approved in July. This will allow the group to proceed with the community assessments on safe routes to schools, biking/walking trails, neighborhood green space, access to health foods in low income neighborhoods and community policy change as planned and move towards creating a health-focused strategic plan for Lompoc.
 - b. that the "Nutrition Night" parent education program was held on April 1, 2009. It was great success due to the collaboration between the Community Action Commission (CAC) and other local healthcare providers. The program was conducted in both English and Spanish and childcare was provided. The flyer for the program is available for download on the Healthy Kids web site.
 - c. The Summer Food Service Program will be coming to a close in August 7th. The cooperation of all the participating organizations (LVCHO, CAC, LVMC, YMCA, Boys & Girls Club and Parks & Rec.) made the administration of the program possible, but not without challenges. A debriefing meeting with the site coordinators and program administrators will be held following the completion of the program - date and time TBA.
 - d. The Nutrition Night program that started in April has been very successful and CAC and the other partner organizations will look to make it an ongoing program. The free program draws about 30 parents from the community each month to learn about health eating and lifestyle behaviors. The class is held on the first Wednesday of each month at CAC and it conducted in both English and Spanish.
 - e. Bob Lingl updated the coalition on the half-marathon training program for youth (12-16) and adults that began on June 20th. The end goal is to complete the 33rd Annual Lompoc Valley of the Flowers Half Marathon on September 26th. Participants can train to walk or run the race. The group started with 37 participants with about one third of them being new this type of training.
3. Steve McDowell shared a presentation on how policy impacts community health. A group discussion followed that included what to expect from the upcoming assessments. Input from the coalition will be extremely important in shaping useful assessments as we move forward. The handout from the presentation is available for download from the web site: www.healthylompoc.lvcho.org.
4. Announcements:
 - a. The meetings dates for the remainder of 2009 were announced. Two of the dates do not fall on the 4th Thursday of the month so partners are asked to check their calendars now and save the

dates. The proposed dates are: September 24, October 29, and November 19. We have guest speakers coming and want to be sure we have as many coalition members present as possible.

- b. Judy Taggart announced that the 2nd Annual *Lompoc on the Move* physical activity challenge will be happening September. The program will be marketed all August so that businesses have plenty of time to get their teams together. We had over 200 people participate last year and look forward to another fun and successful program.
- c. Jody Taylor added the YMCA is having America On the Move Week at the Lompoc YMCA from September 20-27, 2009. Anyone in the community is welcome to come and try out the Y for free during that entire week.
- d. JoAnne Plummer shared the results from the 3rd Annual Lompoc Triathlon put on by the Lompoc Parks & Recreation Department. The adult event was filled to capacity with 140 racers and the children's event had 50 competitors. The event drew athletes from all over California – 30% of participants were from out of town.

5. Meeting adjourned.

The next meeting will be Thursday September 24, 2009 at 12:00pm in the West Conference Room.