

LOMPOC VALLEY COMMUNITY HEALTH IMPROVEMENT COALITION

Minutes for February 25, 2010

Present: **Denny Anderson**, Lompoc Chamber; **Molly Gerald**, Lompoc Public Library; **Conrad Gonzales**, Lompoc Boys & Girls Club; **Jacklyn Kelly**, SBCPHD – Lompoc; **Amy Lopez**, Food Bank of SBC; **Michelle MacKinnon**, LUSD Food Service; **Teresa McIntyre**, Lompoc Family YMCA; **Joanne Plummer**, Lompoc Parks & Recreation; **Niki Sandoval**, SY Band of Chumash Indians; **Ashlee Shoulders**, Lompoc Public Library; **Dulcie Sinn**, LHCDG Garden Project; **Jody Taylor**, Lompoc Family YMCA; **Fidel Villanueva**, PHD-Network for Healthy CA; **Kim Wells**, SBCPHD-WIC



Staff: **Steve McDowell**, LVCHO; **Judy Taggart**, LVCHO

1. The meeting was called to order and introductions were made.
 - a. Conrad Gonzales will now be representing the Lompoc Boys & Girls Club.
 - b. Molly Gerald and Ashlee Shoulders represent the Lompoc Public Library, new partner in the coalition.
 - c. Niki Sandoval represents the Santa Ynez Band of Chumash Indians and was part of the 10 person team that traveled to Washington DC for the Pioneering Healthy Communities initiative.
2. Judy Taggart reported on project updates:
 - a. Coalition members were asked to participate in a community project using Photovoice – a participatory research method where people take a series of photos to tell their story. The photos will be made into slide presentations, some of which may be shown at the Summit. Coalition members interested should contact Judy Taggart. Digital cameras and instructions will be provided.
 - b. Dulcie Sinn shared an update on the Community Garden Project which included a work day with many hard working fathers getting out and working side by side with their kids in the garden. An update on the progress of the gardens projects at Lompoc schools will be shared at the April meeting.
 - c. The 2010 Lompoc Valley Community Health Summit will take place from March 25, 2010 from 8:00am to 12:00pm at the Lompoc Veteran’s Memorial Building. Flyers and registration materials are available to download at www.healthylompop.lvcho.org. Coalition partners are welcome to provide 150 flyers, brochures, etc. to have available at a *Healthy Lompoc Coalition* table at the Summit. The decision was made to not include these materials in each participant’s packet to reduce waste.
3. New and Upcoming Projects presented:
 - a. Thank you to coalition members who signed up to assist with registration and other aspects of the Summit. We could still use additional people to assist with the later shift distributing lunches.
 - i. The 7:15am-8:15am group includes: Jacklyn, Dulcie, Michelle, Kim, Molly
 - ii. The 11:15am -12:15am group includes: Joanne, Denny, Steve
 - b. A Family Fun Bike Ride has been proposed as a way to encourage healthy family activity and as a way to draw attention to the need for safe bike lanes through our city.
 - i. For liability reasons this event will not be hosted by any single organization.
 - ii. April 30, 2009 is the suggested start date. The start/finish of the ride will be the Lompoc Farmer’s Market. The total ride will be approximately 5 miles, but riders may opt to do only part of the loop (Hapgood – Miguelito - Farmer’s Market).
 - iii. Denny Anderson will check with Roger McConnell to see if the local cycling group (Dirt Bags) would be interested in supporting this event.
 - iv. Judy Taggart will check with Captain Don Deming at the Lompoc Police Department regarding any permits or legal concerns that may need to be address.

- c. The team of new and existing coalition members who traveled to Washington D.C. in December as part of the Pioneering Healthy Communities initiative has opted to focus on how the school district can be made a healthier place from Lompoc children. Coalition members should bring their thoughts and ideas for improvement to the April coalition meeting. A working group for the school assessments will be headed up by Jody Taylor.
- d. Coalition members were presented a draft of goals that came out of the four community assessments that have been completed thus far (walkability/bikeability, safe routes to schools, community food access, green space) and were asked to prioritize these goals or add to the list for the April meeting. We will begin putting together a strategic plan to address the issues that were identified in the assessment process.

4. Announcements:

- a. The 2010 Lompoc Valley Community Health Summit is just a month away and we have over 100 people from all over the county registered for the event. Coalition partners are encouraged to register and attend all or part of the event.
- b. Joanne Plummer announced that the Lompoc Parks & Recreation department will be hosting a Junior Wheelchair Mini Sports Camp on April 4, 2010 from 9:00am to 1:00pm. See attached flyer.
- c. Jody Taylor announced the Lompoc Family YMCA will be having celebrating *National Healthy Kids Day* with the YMCA Healthy Kids Day event on Saturday April 17th at the Lompoc YMCA. More info to follow.
- d. Jacklyn Kelly announced that the mid county collaboration has started the Nutrition Night series for 2010. The classes are held at CAC on the first Wednesday of every month. The four part series includes information on physical activity, nutrition, rethink your drink and unplug (reduce screen/T.V. time). The first class on February 3rd was on Physical Activity taught by Judy Taggart and the March 3rd class will be on Nutrition taught by Kim Wells. An Eng/Span flyer is attached.
- e. LVCHO has moved to a new office (1593 E. Chestnut). Information on our open house planned for early April will be announced shortly. Healthy Lompoc Coalition meetings will continue to be held in the West Conference Room.
- f. No March meeting due to the Summit.

5. Meeting adjourned.

The next meeting will be Thursday April 22, 2010 at 12:00pm in the West Conference Room.